



## CONCUSSION RETURN TO PLAY POLICY

A concussion is a serious event, but the player can recover from it if their brain is given enough time to rest and recuperate. BGHA takes concussions seriously and we prioritize the safety of your child.

### **Return to play:**

BGHA follows and will continue to follow the Hockey Canada Six-Step method for return to play for Concussion in Sport. When an event occurs which could lead to potential concussion, the Trainer will, within the scope of their qualifications and with their best efforts, evaluate the player in question and, using appropriate protocols, make a recommendation based on their observations. If the trainer (or other coaching staff) feels that the player may be concussed or is showing signs of a possible concussion, then they shall deem that player unfit to play until assessed by a physician. Regardless if the player says they feel better or a parent feels that the player is fine to continue, the decision of the trainer (or other coaching staff who made the call) is final and cannot be overturned by another member of the Coaching Staff or the player/parents until the following criteria have been met:

1. Team Management must notify the BGHA of any suspected concussions.
2. You are responsible for seeking medical attention for your child.
3. If the physician diagnoses the player with a concussion they **MUST** follow the 6 steps in order to return to game play.
4. The player will require written medical clearance from a doctor in order to return to regular game play.

The Six Step Return to Play link is provided below: (If the link does not work, copy the link and paste in your browser)

[https://az184419.vo.msecnd.net/hockey-canada/Hockey-Programs/Safety/Concussion/Downloads/concussion\\_card\\_e.pdf](https://az184419.vo.msecnd.net/hockey-canada/Hockey-Programs/Safety/Concussion/Downloads/concussion_card_e.pdf)

On our website, under the Concussion heading there is a document called “Return to Play” please feel free to use this with your physician in order to follow the steps properly.