

OWHA Novice (U9) Seasonal Structure

GAME LENGTH:

- 2 – 3 minute warm-up
- 2 periods (23 minutes each)
- After January 15 – regular full ice hockey rules

SHIFT LENGTHS:

- 60 sec shifts – change on buzzer
- After January 15 – regular full ice hockey rules

PLAYOFFS:

- Jamboree/Tournament
- No elimination, round robin playoffs, no cross division play

CHANGE OF POSSESSION:

- Face-off starts each half
- Goalie freezes puck – blow whistle
- Puck shot out of play – Non-offending team gets new puck
- Penalties – non-penalized team gets possession
- After Jan. 15 – regular full ice hockey rules

PENALTIES:

- Minor – official notifies coach, player will skip a shift (still 4 on 4)
- Major – removed from the rest of that game (still 4 on 4)
- After January 15 – regular full ice hockey rules

SCORING:

- Scores not recorded
- After Jan. 15 – scores kept but no goal scorer needed

Seasonal Structure

DATES	September to October 21	October 22 to January 14	January 15 to March 29
PHASE	DEVELOPMENTAL PHASE	REGULAR SEASON PHASE	TRANSITION PHASE
ICE SET-UP	Half ice games	Half ice games	Full ice games
BALANCE	23% of season	46% of season	31% of season
VOLUME			
WEEKS (26)	6 weeks	12 weeks	8 weeks
PRACTICES (42)	12 practices	24 practices	6 – 8 practices
GAMES (24 -30)	2 games	14 games	8 games
JAMBOREE/TOURNAMENT (3)	1 Jamboree/Tournament	1 Jamboree/Tournament	1 Jamboree/Tournament

NOTE: If the Jamboree/Tournament in September to October 21 phase not utilized, a team may play 2 Jamboree/Tournament in the October 22 to January 14 phase if they wish.