

## **BGHA Concussion Awareness – 10 years of age and younger**

NOTE: All resources can be found at [www.bgha.ca](http://www.bgha.ca) Home Page under the heading Concussion Information – Rowan's Law

**\*\* Must read**

Government of Ontario – [Concussion Fact Sheet](#)

[Pre-season Education Sheet](#)

Government of Ontario **\*\*** – [Concussion Awareness Resource](#) e-booklet for players 10 years of age and younger

Parachute Canada – [Concussion Guide for Parents & Caregivers](#)

Hockey Canada **\*\*** - [Concussion Card](#)

Parachute Canada – Pathway - [Canadian Guideline on Concussion in Sport](#)

[Pocket Recognition Tool](#) **\*\***

### Website Resources:

- Sport Information Resource Centre (SIRC): <https://sirc.ca/concussion>
- Hockey Canada: [www.hockeycanada.ca/concussion](http://www.hockeycanada.ca/concussion)
- Parachute Canada: <http://www.parachutecanada.org/injury-topics/item/concussion>
- Ministry of Tourism, Culture and Sport:  
[www.mtc.gov.on.ca/en/sport/rowans\\_law\\_day.shtml](http://www.mtc.gov.on.ca/en/sport/rowans_law_day.shtml)
- The Ontario Physical and Health Education Association (Ophea):  
<http://safety.ophea.net/concussions>